



TRENT COTCHIN

Talent Profile





The most successful leader of this current AFL generation, Trent's legacy with his beloved Tigers extends beyond his impressive trophy cabinet, which contains three premiership medals, three Jack Dyer Best & Fairest medals and a Brownlow Medal.



NATIONALITY

Australian

DATE OF BIRTH

4/7/90

TEAMS

Richmond
Northern Knights
West Preston Lakeside

CAPABILITIES

Guest Panellist
Clinics
Ambassador
Social Media
PR Campaign
Appearances

INTERESTS

Business
Health & Nutrition
Lifestyle
Beauty & Fashion
Wellbeing
Leadership
Family

BIO

Having grown up in the northern Melbourne suburb of Reservoir, Trent spent his later teenage years in the Victorian town of Wollert and played his junior football with West Preston Lakeside in the Northern Football League.

He represented the Northern Knights in the TAC Cup Under 18 competition at the age of 16, while also captaining Vic Metro at the Under 16 National Championships.

A member of the AIS-AFL Academy elite junior pathway, he spent time training with the Richmond Football Club in his draft and was subsequently snapped up by the Tigers with pick 2 in the 2007 NAB AFL Draft. He was handed former Richmond champion Wayne Campbell's Number 9 jumper after it had been rested for a couple of seasons.

Cotchin overcame an early ankle injury to debut in round 8, 2008 and immediately showed his potential to finish third in the AFL Rising Star Award. He battled injuries again in 2009 before finally getting the opportunity to show the AFL world what he was capable of in 2010 after being voted into the club's leadership group before his 20th birthday – a testament to his natural leadership skills.



Away from footy, Trent is a proud father of three and loves nothing more than to spend time with his kids and wife Brooke.

Together they created Posisocks; a sock company that exists to make a positive difference in people's lives.

Cotchin has a passion for property development and is engaged in the commercial world with ambassadorial roles for a broad range of companies including Jeep, Telstra, Foxtel, and Nike.

Community minded, he donates his time to various charities and is a proud supporter of Captain Courageous, which raises funds to support children suffering life threatening bone marrow failure diseases.

Cotchin has also developed into a polished media performer, providing insights into the game with his regular appearances on Seven's Game Day.

SOCIAL MEDIA MARKERS

100K+

INSTAGRAM FOLLOWERS

20K+

TWITTER FOLLOWERS



CAREER HIGHLIGHTS

2012	Brownlow Medal
2018	AFLPA best captain
2019	AFL Premiership Captain
2017	AFL Premiership Captain
2012	All Australian Team
2008	AFL Rising Star Nominee
2013-Pres.	Richmond FC Captain
2020	State of Origin - Victoria Captain
2012	AFLCA Champion
2012	Player of the Year
2012	22Under22 Team
2014	Ian Stewart Medal
2014	Jack Dyer Medal
2011-2012	Jack Dyer Medal
2011	Yiooken Award



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“Being courageous to me is
attacking the unknown with no
fear, embracing the vulnerability
and accepting that no life is perfect,
this is also backed up with
incredible resilience shown by
being knocked over and continuing
to get back up again! ”

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